

Free Summer Soccer Clinic, for Players & Coaches!

Hosted by Coach Alveraz Ricardez



FOR PLAYERS:

Who: U12-U19 boys and girls*
Where: [Orville Wright Middle School](#)
When: Mondays/Wednesdays 6-8PM

*U12 players must have Extra, or All-Star experience.

This is a fun but challenging skills clinic developed to prepare Region 7 players for the upcoming fall season. Our clinic is designed around USSF, Brazilian, and Spanish national youth fundamentals, along with futsal and street soccer techniques, brought together in a high energy, creative atmosphere.

This clinic is designed to improve:

- Ball Control
- Dribbling
- Receiving
- Passing
- Finishing
- Shooting

FOR COACHES:

Who: U10-U19 coaches*
Where: [Orville Wright Middle School](#)
When: Mondays/Wednesdays 6-8PM

*All coaches from Area D are welcome! Coaches from Region 7 can participate for free. Coaches outside of Region 7 are asked to pay a one-time \$20 registration fee, via check, payable to "AYSO Region 7", paid upon your first session.

This is an excellent opportunity for both beginner and advanced coaches to enhance their upcoming fall sessions.

You are guaranteed to learn something new in every session. By registering below, you are committing to at least 3 sessions, but you can come to as many as you want!

There will be over a dozen sessions to choose from. Each one will be different from the last.

The first 30-45 minutes will be individual, group training where every player is on a ball, engaged in skills training. Then, players will be separated into two groups, U12/U14 and U16/U19, to focus on more age appropriate development.

Guidelines to participate:

1. Register [HERE](#) (click the link)
2. Bring a copy of your Fall AYSO registration form to the first clinic, which you can print via eayso (no form = no play).
3. All players must bring their own size 4 (U12 only) or size 5 (U14-U19) soccer ball (no ball = no play)
4. All players must bring water, cleats and shinguards.
5. All players must arrive on time, ready to participate at the scheduled start time (no exceptions here, punctuality is part of developing character and accountability, on and off the field)

See you on the field!!!

Questions: [Email Coach Al](#)

We will open every session in a similar way with dynamic ball control activities, but will then progress into specific, club level activities to drive home the fundamentals of:

- Ball Control
- Dribbling
- Receiving
- Passing
- Finishing
- Shooting

We can't do this without your participation! We already have dozens of players registered, so we need all the coaches willing to engage in this clinic as possible. Come on out and join in the fun!

Guidelines to participate:

1. Register [HERE](#)
2. Wear appropriate clothing for coaching, and bring a notepad and pen.
3. Wait for further details by coach Al over the next couple weeks.

See you on the field!!!

Questions: [Email Coach Al](#)

About Coach Alveraz Ricardez:



Coach Al is a husband and father of two. He lives in Inglewood, and is working on his degree at UCLA, in American Literature & Culture (Go Bruins!). He played youth club soccer in San Diego in the 80's, and has loved it ever since!

- Region 7 Coach Administrator and Coach Trainer
- AYSO Advanced Coaching Certified
- USSF E, D licenses
- NSCAA Level 1-4 diploma, GK, level 1-2 diploma
- Coerver Coaching Youth Diploma
- Notre Dame Academy, High School, former Head Coach
- Los Angeles Soccer Academy, Cal South Club, former Director of Coaching
- Inglewood Soccer Academy, former Private Coach